

2018 FLIP-N-FUN SUMMER DAY CAMP
AT
THE UNIVERSITY OF PENNSYLVANIA

ENROLL IN ONE OF THE BEST SUMMER CAMPS IN PHILADELPHIA!

Best of Philly 2008
Philadelphia Magazine

Place: The Tse Center (Hutchinson Gymnasium) at the University of Pennsylvania
Located beside the Palestra, 235 South 33rd Street, Philadelphia, PA 19104

Dates: #1 June 18-22 (Recreational – Level 5) #4 July 9-13 (Recreational – Level 5)
#2 June 23-24 (J.O. Level 6-Elite) #5 July 16-20 (Recreational – Level 5)
#3 July 7-8 (J.O. Level 6-Elite)

Sessions: **Recreational Gymnastics up to Level 5 will be offered weeks # 1, #4 and # 5.**
Each Day Camp Session will begin on Monday and will end on Friday

USA Gymnastics Competitive Level 6- Elite gymnastics will be offered weeks #2 and # 3.

Each Day Camp Session will begin on Saturday and will end on Sunday.

Ages: Open to all:
Recreational through level 5: 5 – 12 years old
Team Girls level 6 – Elite: 8-18 years old

Level: Recreational: Beginners to intermediates, no experience necessary
USA Gymnastics competitive levels: Level 1 – Elite

FACILITIES:

All Camp Sessions will be held in the renovated Tse Ping & Cheng Cheung Sports Center (Hutchinson Gymnasium), home of the Penn Quakers Women's Gymnastics Team. The air-conditioned facility is the only collegiate customized gym of its kind in the Northeast which includes a specialized trench bar, a free foam pit for the uneven bars, vault, tumble strip and trampoline. Resi for vault and trampoline. Spotting rigs and belts for the uneven bars and trampoline.

Gymnasts can vault into the pit, or onto an above ground resi while the second vault can be used to vault onto the customized resi or onto a 20cm mat with angled edges for safety. Also, gymnasts can tumble up onto an above ground resi or tumble into the free foam pit on the podium or tumble on the regular 42x42 stratum carpet bonded foam floor exercise with padded angled boards for safety. There are 4 AAI Elite series beams, 3 uneven bars and a top of the line competition trampoline where gymnasts can train in a belt, turn over into the free foam on one side or land on the resi on the opposite side.

Times: **Recreational Day Camp** will begin at 9:00 AM and end at 5:00 PM
(Early drop off at 8:50 AM, additional charges for late pick up)

Competitive Junior Olympic Day Camp Check in will begin at 8:30 AM each day
and sessions begin at 9:00AM and will end at 5:00 PM

SCHEDULE:

Regular Day (Recreational – Level 5)

8:45AM	Check – In
9:00 AM	1 st Session – Gym
11:45 AM	Lunch/ Break time
1:00 PM	Activity
3:15 PM	2 nd Session – Gym
5:00 PM	Check - Out

Regular Day (Level 6 – Elite)

8:30 AM	Registration/ Check-In
9:00 AM	1 st Session – Gym
11:45 AM	Lunch/ Break time
12:45 PM	Activity
1:45 PM	2 nd Session – Gym
5:00 PM	Check-Out/ Pick up at the gym

WHAT TO BRING:

Campers should bring: leotards, t-shirts, shorts and any grips or tape needed for workouts.
We recommend leaving expensive electronic items home; camp is not responsible for lost personal items.

HOUSING:

Junior Olympic Day Campers are responsible for their own housing for one night when participating for two days of camp.

Gymnastics Camp Director: John Ceralde, Head Gymnastics Coach
University of Pennsylvania

Trainer: There will be a trainer or a registered nurse on site

Recreational Day Camp Week Activities:

Gymnastics instruction on Olympic apparatus / Arts and Crafts / Movie Time / and Much More!
(each week subject to change)

Junior Olympic Day Camp Weekend Activities:

Gymnastics instruction on Olympic apparatus and Surprise events
(each weekend subject to change)

Contact: John Ceralde (215) 746-5708, via email jceralde@upenn.edu
Kirsten Strausbaugh (215) 898-5316, via email kstra@upenn.edu
Visit: www.pennathletics.com

Student's Name: _____

Parent's Name: _____

Address: _____

Home Phone: _____ **Work:** _____

Cell Phone: _____ **Email Address:** _____

Student's Age: _____ **Gymnastics Experience:** **Beginner** or **Intermediate;**
(please circle one)

Level 1 2 3 4 5 6 7 8 9 10 Elite

Medical Concerns: _____

Emergency Contact: _____

I am interested in enrolling my child in the following session(s):

Dates: #1 June 18-22 (Recreational – Level 5) #4 July 9-13 (Recreational – Level 5)
 #2 June 23-24 (J.O. Level 6-Elite) #5 July 16-20 (Recreational – Level 5)
 #3 July 7-8 (J.O. Level 6-Elite)

To secure a space for your child, please send a \$200.00 nonrefundable deposit, made payable to:
Flip – n – Fun, Inc.

Registration is not complete until deposit has been received. A deposit is required for each child enrolled.

FEE: Recreational Day Camp (weeks 1, 4, and 5)
\$450.00 per person/ per week

Competitive Day Camp (weekends 2 and 3)
\$250.00 per person/ per day

All payments made payable to: Flip – n – Fun, Inc.

CAMP DISCOUNTS

- Family discount for any siblings that register together will receive \$10.00 off second sibling.
- Any camper that registers for any two sessions will receive \$20.00 off second week. \$30.00 off 3rd week.
*ONLY 1 discount per camper

ENROLLMENT

IF REGISTRATION IS AVAILABLE AND ENROLLMENT IS AFTER APRIL 16, 2017, FULL PAYMENT IS REQUIRED UPON REGISTRATION

- ◇ ALL FORMS ARE DUE UPON REGISTRATION, You must contact us at jceralde@upenn.edu
- ◇ **NO CAMPER WILL BE ALLOWED TO PARTICIPATE UNTIL FULL BALANCE IS PAID, ALL FORMS ARE FILLED OUT IN DETAIL AND RECEIVED, NO EXCEPTIONS**
- ◇ NO REFUNDS after FRIDAY, APRIL 13, 2018
- ◇ If there is space available, Wednesday, June 13, 2018 is the last date you may register for Recreational Day Camp and Wednesday, June 20, 2018 for Junior Olympic Day Camp
- ◇ PLEASE CALL JOHN CERALDE AT 215.746.5708 after April 16, 2018 to check availability

REFUND POLICY

- Upon **written notice of cancellation** before FRIDAY, April 13, 2018. \$200.00 of the registration fee is nonrefundable for Recreational Day Camp and \$100.00 for the Junior Olympic Day Camp. (per day).
The refundable amount for:
Recreational Day Camp: \$250.00
Junior Olympic Day Camp: \$150.00(per day)
- There will be NO REFUNDS after FRIDAY, APRIL 13, 2018
- ALL FINAL FEES ARE DUE MONDAY, APRIL 16, 2018
- ALL FORMS ARE DUE UPON REGISTRATION
- Any unpaid balances after APRIL 16 will forfeit all payments and will result in loss of spot and will be replaced by our wait list (if registration is available after April 16, 2018, full payment is required upon registration).
- Cancellations due to illness or injury will be credited ONLY for a future week of camp or the following year. You MUST contact us at jceralde@upenn.edu for credit.
- NO SHOWS = Forfeit of All Payments**

2018 Flip-n-Fun Summer Camp
at the
UNIVERSITY OF PENNSYLVANIA'S
PARTICIPANT AGREEMENT

WAIVER AND ASSUMPTION OF RISK

_____ hereby elects to take part in Penn Gymnastics / Flip-n-Fun, Inc.
(Participants Name) Summer Camp at the University of Pennsylvania.

We acknowledge that this is an extracurricular activity in which our son/daughter is participating voluntarily and understand that there may be some risks in connection with the activity itself and/or the transportation to and from the activity including the signature and release of our son/daughter to a legal guardian, relative or close friend due to car-pooling or ride-sharing. In consideration of our son/daughter being permitted to participate in the activity, we hereby release the Flip-n-Fun, Inc. Summer Camp, Penn Gymnastics and the University of Pennsylvania, and all their trustees, officers, employees, and agents, from any and all liability or claims relating to any injuries that may be sustained by the camper while attending the 2018 Penn Gymnastics/ Flip-n-Fun, Inc. Summer Camp or any and all claims which may hereafter be presented by or on behalf of the camper (minor child) relating to such injuries. Such release claims include claims for negligence, gross negligence, or recklessness. I further acknowledge that the above individual is covered by health insurance.

Print/ Type Name:

(Parent or Legal Guardian)

Signature

(Parent or Legal Guardian) Date

AUTHORIZATION OF CONSENT TO TREATMENT OF A MINOR

Important: Please read carefully!

Authorization for Medical Treatment and Release: In case of emergency or if any medical attention is required by my child, I, the undersigned, do hereby give my permission to the Flip-n-Fun, Inc. Summer Camp Staff and/or Penn Gymnastics, The University of Pennsylvania, as agent for the undersigned, to consent to any X-ray examination, anesthetic, medical or surgical diagnosis and treatment or hospital care which is deemed advisable by, and is rendered under the general supervision of, any physician and surgeon licensed under the provisions of the Medical Practice Act. Including to secure medical treatment and to act on my behalf according to their best judgment, and I hereby release Flip-n-Fun, Inc. Summer Camp, Penn Gymnastics and the University of Pennsylvania, and all their trustees, officers, employees, and agents, from any and all claims relating to the exercise of such judgment. Such released claims include claims for negligence, gross negligence, or recklessness. This authorization shall remain in effect as long as my son/daughter is at the Penn Gymnastics/ Flip-n-Fun Summer Camp at The University of Pennsylvania.

Print / Type Name:

(Parent / Legal Guardian)

Signature:

(Parent / Legal Guardian)

(Date)

Print / Type Name:

(Participant)

HEALTH INSURANCE

Is the athlete covered by a health insurance plan? Yes _____ No _____
Is a referral necessary for emergency treatment? Yes _____ No _____

If yes, what insurance plan do you have?
Name of insurance company or plan: _____

Address of insurance company or plan: _____

Phone number of insurance company or plan: _____

Your policy and/or plan number(s): _____

Please provide ALL numbers and/or codes to identify your policy.

ATTACH A PHOTOCOPY OF YOUR MEMBERSHIP CARD OR POLICY DOCUMENT, BOTH SIDES.

Name of subscriber to the policy or plan: _____

Relationship to athlete: _____

Name of athlete: _____

Parent or Guardian must attach this signed statement in which you accept financial responsibility for emergency care, if it is needed.

.....

I, _____, agree to accept full financial responsibility for necessary medical treatment for _____ while at The 2018 Penn Gymnastics Camp; DBA Flip-n-Fun, Inc. Summer Camp at The University of Pennsylvania.

Print name

Signature

() Parent () Guardian

EMERGENCY CONTACT INFORMATION

Print Participant's Name _____
(First, Middle, Last/Surname)

Print Emergency Contact and Phone Numbers:

1. Name: _____ Relation: _____

Phone Number: (_____) _____ Home/ Work/ Cell?

Phone Number: (_____) _____ Home/ Work/ Cell?

Email: _____

2. Name: _____ Relation: _____

Phone Number: (_____) _____ Home/ Work/ Cell?

Phone Number: (_____) _____ Home/ Work/ Cell?

Email: _____

As a condition of my/our son(s)/daughter(s) participation in this program I agree and understand as follows

1. Abide by the rules and regulations of the program as explained to me by the program supervisors.
2. Attend program activities as required.
3. Threatening behavior, and poor conduct are prohibited.
4. Respect University property and act responsibly on campus. Responsible for any damage that I may cause to any property of the University.

I have carefully read and understood this agreement. I have had the opportunity to ask any questions I may have about the program and the rules I am hereby agreeing to follow. I understand that if my/our son/ daughter fails to abide by any of the conditions in this agreement, my/our son/ daughter may be dismissed from the program immediately or may be subject to appropriate disciplinary action.

Parent Signature: _____ Date: _____

Please return emergency contact information, participant agreement and health insurance to the Gymnastics Office:

**John Ceralde
PENN Gymnastics
Tse Ping & Cheng Chueng
Sports Center
235 S. 33rd Street
Philadelphia, PA 19104**

PENN GYMNASTICS SUMMER CAMP – CHECK IN/OUT PROCEDURES

Day campers must be checked-in by their parent/guardian upon arrival each morning. At the completion of each day check-out by each parent/guardian will require a photo ID. We understand that with car-pooling or ride-sharing, several different people could be picking up your camper throughout the week. For the safety of your child, please fill out the form below with the names of people that may pick up your child, they must show their Drivers License in order to sign for them.

Signature of Parent/Guardian

Date

Campers Name: _____

Name:

Relationship to Camper:

1. _____

2. _____

3. _____

4. _____

5. _____

ACTIVITIES

(Different activities will be planned for Recreation Camps and Competitive Team camps)

In addition to all the fun in the gym, we have scheduled four exciting activities for the campers to participate in. These supervised activities will take place for one to two hours depending on activity Monday through Friday for Recreational Camps. On Saturday and Sunday for the Junior Olympic camps, we promote team bonding activities. Due to a rotation schedule and working with the weather, please be prepared for any activity.

ARTS & CRAFTS - RECREATIONAL CAMP ONLY

We will have two days of Arts and Crafts, everything will be supplied.

Things to bring:

- creative ideas

OUTDOOR GAMES

Weather permitting; campers will be participating in a variety of outdoor activities. It is a good way to get out of the gym and enjoy some fresh air.

Things to bring:

- outdoor clothes (weather appropriate)
- running shoes
- sunscreen

MOVIES

Movies are kid friendly, age appropriate and family oriented.

LUNCH and SNACKS

Meals will NOT be provided for any recreational camps. All day campers are asked to bring a lunch each day filled with food to fuel them through the entire day. We will not have access to any microwaves or ovens. Please be sure their food is prepared "ready-to-eat" style. Due to the high volume of nut allergies please do not pack anything that contains nuts (especially tree nuts). Lunch, snacks and drinks will be available for purchase at Houston Hall dining. **Lunch will be provided to all Junior Olympic day campers.**